



How to wash your hands

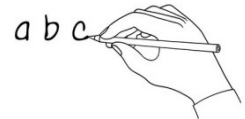
1. Match them up!



Match the words with the definitions.

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|-----------|---|--|
| to wet | → | to put water (or another liquid) on something |
| to apply | | the inside part of your hand (not the fingers) |
| to rub | | the thin, hard thing at the end of your fingers |
| a palm | | to put on or spread something, for example soap or cream |
| a knuckle | | to touch two things together, moving in circles or up and down |
| a thumb | | to take dirt or soap off with water |
| a nail | | the short, thick finger on the side of your hand |
| to rinse | | |

2. Where does it go?



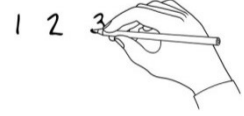
Watch the video. Write these words in the correct group.

wet	palm	soap	rub	knuckle
finger	rinse	thumb	nail	clean

Words for washing	Words for parts of the hand
wet	



3. What's the order?



Watch the video and put the sentences in order.

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- Apply some soap.
- Rub the inside and back of your fingers.
- Wet your hands.
- Rub your knuckles.
- Rub your thumbs.
- Rinse your hands.
- Rub your nails.
- Rub your palms.

4. Write and draw!



What other things can we do to try to stay healthy? Write about them and draw a picture!

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